

Appendix C:

Public Health Activity Report: Recent patient/client contacts with public health services

Lisa Colledge, Senior Public Health Intelligence Analyst, Barnet & Harrow Public Health, 13/5/16

Overall

- The Barnet Public Health Team works to improve and protect the health of all Barnet's 375,000 residents, through partnership working with Barnet Council, Barnet Clinical Commissioning Group (CCG), and Barnet voluntary and community groups.

Child health

- Targeted group programmes supported 484 overweight school children to lose weight and maintain a healthy weight in 2015/16.
- 84 obese school children received one-to-one sessions with a specialist Healthy Weight Nurse in 2015/16, to help them lose weight and maintain a healthy weight.
- Children's healthy eating workshops were run 268 times in Barnet Children's Centres in 2015.
- Barnet Children's Centres ran 32 supervised children's toothbrushing sessions in 2015/16.
- Barnet schools ran 23 supervised children's toothbrushing sessions in 2015/16.
- Eight trained breastfeeding support workers helped Barnet mothers to continue breastfeeding in 2015/16.
- 308 new mothers were supported to continue breastfeeding in 2015/16.

Adult health

- 'Health MOTs' in local venues helped 656 Barnet people check their health status in 2015/16, reducing their risk of long-term health problems.
- Cancer 'Pop-up Shops' (in local Barnet shopping centres) were visited by 2606 people in 2014/15, helping them to access potentially life-saving treatment.
- 5541 Barnet adults had an NHS Health Check in 2015/16, reducing their risk of long-term health problems.
- Sexual health clinics enabled 13,445 people to have an HIV test at their very first clinic visit in 2015, reducing individual and community HIV-related harm.
- The Barnet Winter Well scheme allocated 21 individual grants to help with heating and insulation costs over Winter 2015-2016.
- The Winter Well scheme helped 238 Barnet households to switch to cheaper energy over Winter 2015-2016.
- The Winter Well scheme distributed 180 free radiator panels to Barnet residents over Winter 2015-2016.
- The Winter Well scheme distributed 561 items (e.g. radiator panels, Thermos flasks and warm clothing) to warm up Barnet residents in need over Winter 2015-2016.

Mental health and emotional wellbeing

- 274 adults working with young people were trained to prevent suicide and self-harm in 2015/16.
- Specialist employment support programmes helped 39 Barnet residents with mental health needs to gain employment, between Nov 2014 and Mar 2016.
- Specialist employment support programmes helped 501 Barnet residents with mental health needs to move towards employment, in 2015.

Substance misuse

- Barnet Stop Smoking Services helped 841 people to decide to quit smoking in 2015/16.
- Barnet Stop Smoking Services helped 370 people to quit smoking in 2015.
- Specialist substance misuse services enabled 209 opiate-using clients to successfully complete drug treatment in 2015.
- Specialist substance misuse services enabled 135 non-opiate drug users to successfully complete treatment in 2015.
- Specialist substance misuse services enabled 540 alcohol misuse clients to successfully complete treatment in 2015.
- Specialist substance misuse services enabled 236 non-opiate and alcohol using clients to successfully complete drug treatment in 2015.
- Scratchcard screening enabled 1877 people to easily assess their alcohol risk level in 2015.